P352X K-8 SA
RethinkED SEL
Year-at-a-Glance 2026-2027

Be a good SPORT!	**MP1** Sept. 10 - Nov. 6 **S**elf & Others *Awareness*	**MP2** Nov. 9 - Jan. 8 **P**lan for Success *Self-Mangagement*	**MP3** Jan. 11 - Feb. 26 **O**pen Your Mind *Social Skills*	**MP4** March 1 - May 7 **R**eal-Life Situations *Social Awareness*	**MP5** May 10 - June 28 **T**ake Care of Your Body & Mind *Self-Care*
K-2 SA	9/10-9/11 You Are Unique! 9/14-9/18 I am One of Kind 9/22-9/25 What We Need 9/28-10/2 Mistake Masterpieces 10/5-10/9 Getting My Needs Met 10/10-10/16 Whole Body Listening 10/19-10/23 It's a Feeling 10/26-10/30 My Feelings Monster 11/2-11/6 Feelings Detectives	11/9-11/13 What's the Problem? 11/16-11/20 Problem Solving Help 11/23-11/25 Set a Goal 11/30-12/4 Helpful Thoughts 12/7-12/11 Accepting Challenges 12/14-12/18 Take 5 12/21-12/23 Feelings Booster Winter Recess 1/4-1/8 My Stress Thermometer	1/11-1/15 Problems with Others 1/19-1/22 Let's Get Along 1/25-1/29 Showing Respect 2/1-2/5 Understanding Tattling 2/8-2/12 That's Not Fair! Mid-winter Recess 2/22-2/26 Say Something Nice!	3/1-3/5 People Are People 3/8-3/12 We Are Family 3/15-3/19 Traditions in Families 3/22-3/25 My Family, My Support 3/29-4/2 I Can Help My Family 4/5-4/9 I Spy a Helper 4/12-4/16 How Someone Else Might Feel 4/19-4/21 The Case of Caring Spring Recess 5/3-5/7 Ask Kindly	5/10-5/14 Happy Thoughts 5/18-5/21 Level Up Your Mood 5/24-5/28 Ask for Help 6/1-6/4 More Than One Way 6/7-6/11 Mistakes Are a Part of Learning 6/14-6/18 What I Like About Me 6/21-6/25 Look What I Can Do!
3-5 SA	9/10-9/11 What's Your Superpower? 9/14-9/18 My Creative Strengths 9/22-9/25 I Belong 9/28-10/2 Trying My Best 10/5-10/9 We Need to Have Fun! 10/10-10/16 Beyond Boredom! 10/19-10/23 My Best Brain 10/26-10/30 We Like This But Not That 11/2-11/6 Emotions: Action!	11/9-11/13 Planning for Success 11/16-11/20 Ways to Solve a Problem 11/23-11/25 Support in Challenges 11/30-12/4 Practicing Resilience 12/7-12/11 Attention Please! 12/14-12/18 Improving My Focus 12/21-12/23 Keep Calm! Winter Recess 1/4-1/8 Freeze!	1/11-1/15 Dealing with Problems 1/19-1/22 Calm the Conflict 1/25-1/29 Rumors and Gossip 2/1-2/5 Inspire Respect 2/8-2/12 Social Cues Mid-winter Recess 2/22-2/26 Rights and Responsibilities	3/1-3/5 What is Culture? 3/8-3/12 My Family Culture 3/15-3/19 Unique Cultures 3/22-3/25 Acts of Kindness 3/29-4/2 Making School a Better Place 4/5-4/9 Kind is Cool 4/12-4/16 Conflict or Bullying? 4/19-4/21 From Another Perspective Spring Recess 5/3-5/7 Our Responsibility	5/10-5/14 Find Something Good 5/18-5/21 Attitude of Gratitude 5/24-5/28 Speaking Up to Meet My Needs 6/1-6/4 Speak Up with Confidence 6/7-6/11 You Are Cool! 6/14-6/18 Belief Builders 6/21-6/25 Kindness to Myself
6-8 SA	9/10-9/11 Sparks of Emotion 9/14-9/18 My Emotions 9/22-9/25 My Emotional Brain 9/28-10/2 What's in a Mindset? 10/5-10/9 Growing From Feedback 10/10-10/16 A Good Mistake 10/19-10/23 Attention to Learning 10/26-10/30 Learning Strategies 11/2-11/6 Ignite Your Spark	11/9-11/13 Managing Stress 11/16-11/20 Goals With Self-Control 11/23-11/25 Building Resilience 11/30-12/4 Think Solution! 12/7-12/11 Plan S.M.A.R.T. 12/14-12/18 Setting Academic Goals 12/21-12/23 Focus With Active Listening Winter Recess 1/4-1/8 Visualize Your Success	1/11-1/15 Ripples of Respect 1/19-1/22 Respectful Communication 1/25-1/29 Collaborative Relationships 2/1-2/5 Supportive Friendships 2/8-2/12 Peer Pressure Mid-winter Recess 2/22-2/26 Giving and Receiving Feedback	3/1-3/5 Access Support 3/8-3/12 Understanding Culture 3/15-3/19 Celebrating Culture 3/22-3/25 Listening With Empathy 3/29-4/2 Actions and Consequences 4/5-4/9 Intent vs. Impact 4/12-4/16 Setting New Patterns 4/19-4/21 Passions to Contribute Spring Recess 5/3-5/7 Good Choices	5/10-5/14 Believe to Achieve 5/18-5/21 Find Your Fan Club 5/24-5/28 Speaking Up for Your Needs 6/1-6/4 Communicate with Confidence 6/7-6/11 Practicing Gratitude 6/14-6/18 Focus on Mindfulness 6/21-6/25 Power of Breath